



MENU - November 2022

Mon	Tue	Wed	Thu	Fri
	1 Breakfast - chocolate chip waffles, apple Lunch - creamy chicken noodle casserole, salad, corn	2 Breakfast - bagel, raisins Lunch - beef nachos, mixed veggies, fruit cocktail	3 Breakfast - orange roll, grapes Lunch - hamburger and macaroni, broccoli, oranges	4 Breakfast - cereal, apple Lunch - meatballs, mixed veggies, rice, pineapple
7 Breakfast - cereal, banana Lunch - penne pasta, broccoli and cheese, peaches	8 Breakfast - French toast sticks, raisins Lunch - beef taquitos, mixed veggies, pineapple	9 Breakfast - pancakes, apples Lunch - pizza quesadilla, mixed veggies, pineapple	10 Breakfast - yogurt, grapes Lunch - chicken nuggets, mashed potatoes, corn, bread	11 Breakfast - cereal, apples Lunch - hot ham and cheese, carrot sticks with ranch, peaches
14 Breakfast - cereal, banana Lunch - chicken and rice, peas, mandarin oranges	15 Breakfast - cinnamon toast, apples Lunch - hot dog on a bun, baked beans, fruit cocktail	16 Breakfast - waffles, grapes Lunch - pizza rolls, mixed veggies, pineapple	17 Breakfast - cereal bar, apples Lunch - fish sticks, green beans, fruit cocktail, bread	18 Breakfast - waffles, raisins Lunch - beef tacos, mixed veggies, pineapple
21 Breakfast - cereal, banana Lunch - chicken fries, baked beans, fruit cocktail	22 Breakfast - cereal bar, apple Lunch - sausage, green beans, fruit cocktail, bread	23 Breakfast - yogurt, grapes Lunch - baked ham, macaroni and cheese, fruit salad, dinner roll + dessert	24 CLOSED	25 CLOSED
28 Breakfast - biscuit, banana Lunch - grilled cheese, cucumber slices, fruit cocktail	29 Breakfast - cereal, apple Lunch - cheese pizza, peas, pineapple	30 breakfast - pancakes, grapes Lunch - chili mac, green beans, oranges		