



First Steps

EARLY CHILDHOOD LEARNING CENTER

PARENT NEWS

FEBRUARY 2022

- BUZZWORTHY -

Although biting is very common in small children, it causes us adults great concern. Biting is obviously painful and frightening to the victim. It can also cause great stress for the parents of the offender who may feel equally helpless. Biting is normal behavior for infants, toddlers, and even older toddlers. When a very young child bites, it's typically because they are used to putting things in their mouth. A firm "No biting hurts.", disapproving look with redirection (a teething ring) will help resolve this type of behavior. Biting out of frustration is also very common in toddlers even older ones. In this case, children bite because they have become overwhelmed with a play mate or situation. Again, a firm demand to stop and then removing the offending child from the situation until they are able to calm down is the best course of action. Give the victim lots of attention and reassurance. Just remember that if your child bites to respond firmly but calmly. Consistency will be key to let your child know that you disapprove. Teaching children appropriate ways to express their frustration, stress, or needs is part of parenting. The good news is that this behavior will eventually stop.



- REMINDERS -

Please make sure to bring your child's coats, mittens, hats, and gloves. We still go outside daily to make sure the children get fresh air.



- EVENTS -

- February is Black History Month
- 02/02 : Groundhog's Day
 - 02/09 : National Pizza Day
 - 02/11 : National Inventor's Day
Dress as a scientist inventor or bring in your favorite invention.
 - 02/14 : Valentine's Day Parties
Exchange Cards
 - 02/21 : President's Day
 - 02/25 : Dress up like your Favorite Fairy Tale Character



- CONTACT INFO -

First Steps Early Childhood Learning Center
6912 Woodsmere Circle
St. Louis, MO 63129
314-293-9993
www.firststepsoakville.com
info@firststepsoakville.com

