



First Steps

EARLY CHILDHOOD LEARNING CENTER

PARENT NEWS

JANUARY 2022

- BUZZWORTHY -

NATIONAL BATH SAFETY MONTH

Rub a Dub Dub! Our kid's bath time can be both relaxing and fun. But, during January - National Bath Safety Month, the American Academy of Pediatrics warns that drowning is the **LEADING** cause of unintentional injury-related death for children ages 0-4. Many parents don't realize the risk that bath time holds for their little ones. Of the child drownings occurring in the house, nearly half of the children had been out of sight for less than five minutes prior to the incident. And, more than two-thirds drown in less than 2 inches of water. In addition to drowning, the bath tub holds many other risk to your children including extreme water temperatures and slipping/falling. Here are a few tips we've put together for our families:

- ALWAYS have an adult within arms reach
- Never leave another child to supervise
- Learn CPR
- Set your water heater to a maximum of 120' F
- Wait until the tub is finished filling before putting your child in (temperatures can change)
- Add anti-slip mats to the floor of the tub/shower

- CONTACT INFO -

First Steps Early Childhood Learning Center

6912 Woodsmere Circle

St. Louis, MO 63129

314-293-9993

www.firststepsoakville.com

info@firststepsoakville.com



- REMINDERS -

Please make sure to bring your child's coats, mittens, hats, and gloves. We still go outside daily to make sure the children get fresh air.



- EVENTS -

HAPPY NEW YEAR

01/01 : New Years Day

01/04 : National Spaghetti Day

01/09 : Law Enforcement
Appreciation Day

01/11 : National Milk Day

01/13 : National Sticker Day

01/14 : Wear Your Silliest Hat

01/19 : National Popcorn Day

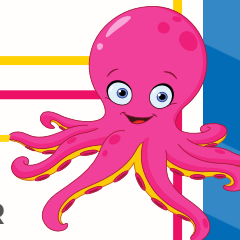
01/17 : MLK Jr. Day

01/21 : Int'l Sweatpants Day

01/25 : Wear Something Opposite
or Inside Out for Opposite Day!

01/29 : National Puzzle Day

01/31 - Hot Chocolate Day



RUB A DUB DUB

