

First Steps EARLY CHILDHOOD LEARNING CENTER

PARENT NEWS
JUNE 2022

- BUZZWORTHY-

JUNE 21 - FIRST DAY OF SUMMER

Summer is a time to relax, take a family vacation, and have fun with our friends. But, the rise in temperature and outdoor time brings new concerns.

SUNBURNS: Use lots of sunscreen. Try different brands with different ingredients. My personal favorite is the zinc oxide type. Find what works best for your child. Some may prefer spray on their body but cream on their face. Don't forget to apply sunscreen before arriving at the center. Re-apply during a day outdoors.

WATER SAFETY: You should reassess your child's

swim abilities before every trip around water.
Floatation equipment approved by the US Coastguard is best; your child's life is worth it. Active supervision is always important. Make it a habit to keep a child within arm's reach when playing in or around water.

HYDRATION: Dehydration happens quickly. In the heat, children sometimes have a hard time realizing they are thirsty. Remind them to drink water regularly. Electrolyte filled Gatorade popsicles or getting a personalized new water bottle can also help with

keeping a child well-hydrated.

HAVE A HAPPY SUMMER AND A HAPPY FATHER'S DAY!

-CONTACT INFO-

First Steps Early Childhood Learning Ce



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-REMINDERS-

PLEASE Make sure everything brought to school is labeled with your child's name. And, apply sunscreen before school as things are heating up!

-EVENTS-

6/1 : Kona Ice @ 3 PM

5/30 - 6/3 : Happy Campers

6/6 - 6/10 : Go, Sports

6/6: Babaloo (Rm 3, 5, & 6)

@ 9:30 AM

6/13 - 6/17: NASA

6/14: Flag Day

6/19: Happy Father's Day

6/20 - 6/24 : Over the Rainbow

6/21: Martial Arts (Rm 6)

@ 11 AM

6/23: Bubble Bus @ 10 AM

6/27 - 7/1 : Party in the USA

7/4: Happy Fourth of July

(Center Closed)

7/5 - 7/8 : A'Hoy, Matey!

7/11 - 7/15 : Spy Kids

7/18 - 7/22 : Shark Week

7/22 : Mad Science @ 10 AM

7/25-7/29 : Disney Week